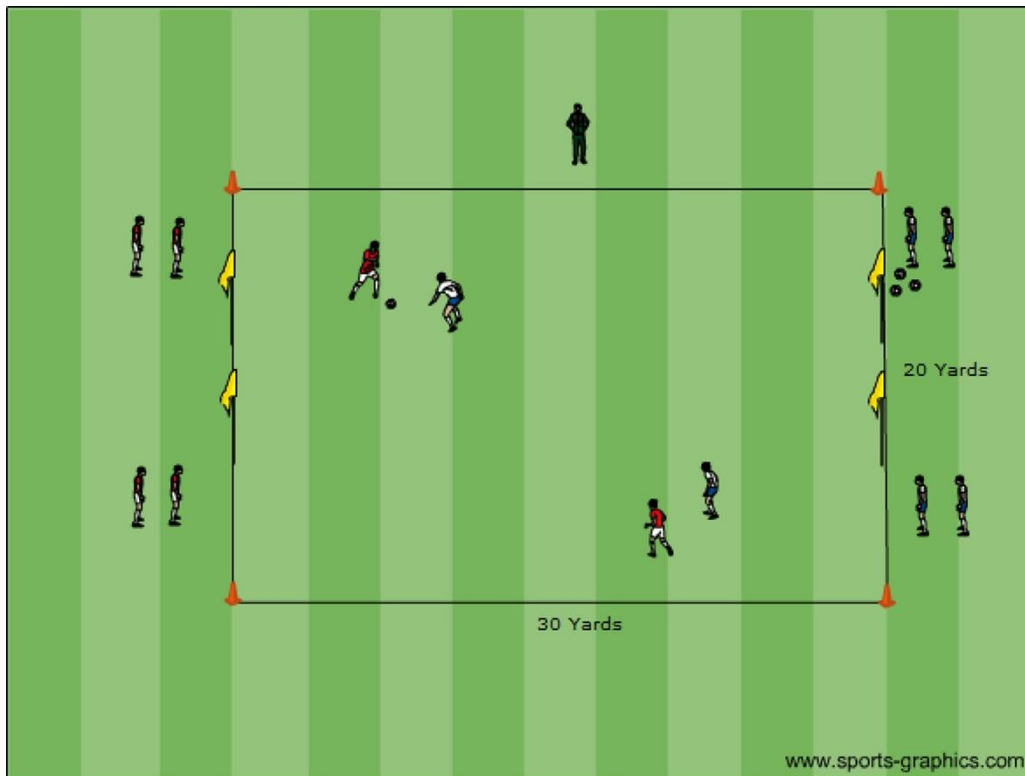


2 v 2 Dribble through goal



Organization

- In this game, the red and blue players score goals by dribbling the ball through their opponent's goal. The blue team sends the ball across to the red team to start the game. The two teams are allowed to pass and dribble as they would in a game (they also take goal kicks, corners, throw ins and kickoffs too). For a goal to count the scoring player must be in control of the ball as they dribble over the line. A game of 1-2 minutes should be played, then new players are substituted and a new round begins.
- A brief demonstration of "how to score" and "being under control" should be shown. If resting players are sitting behind the goals, make sure that they do not interfere with oncoming dribblers.

Coaching Points

- Players on offense should be encouraged to use penetrating passes to get behind the defense to score. Dribbling should be minimized in the defensive half of the field and emphasized on the offensive half. It's important that young players learn how to penetrate defenders without giving the ball away.